



SEND NewsLetter



March 27, 2026



MEET AND GREET

**SEND CO:
MRS BOWEN**

Mrs Bowen will be working with us whilst Mrs. Myatt takes her leave of absence.

All parents are welcome.

APRIL 17 AT 9:00AM

St Paul's CofE Primary School Hall

Happy Easter from the SEND Department

As we approach the Easter break, we would like to take a moment to reflect on the many achievements and experiences our pupils have enjoyed this term. It has been a pleasure to see the progress they have made, not only in their learning but also in their confidence, resilience, and enthusiasm.

As it is written, "Give thanks to the Lord, for he is good; his love endures forever." — Psalm 107:1

At Easter, we can take time to be thankful for love, friendship, and the care we share in our school community.

We wish all our families a peaceful and joyful Easter and look forward to welcoming everyone back for another exciting term.

NHS
Children and Adolescent
Mental Health Services

WELLBEING AND EMOTIONAL SUPPORT TEAMS

Parents online Workshop

Helping your child cope with the stress of exams and tests.

Run by the NHS's Wellbeing and Emotional Support in schools team. (WEST)

On the 26th of March, Online, on Teams:
From 12pm to 1pm

Who is it for:

Parents who want to learn more about

Tips on how to support your child.

How to plan for exams and manage the associated stress and anxiety.

Join on Teams

Meeting ID:
351 821 756 529 4
Passcode: dk92dc7j

Provided by Herefordshire and Worcestershire Health and Care NHS Trust

WEST

Parent Workshops

The 2 parent workshops that WEST are delivering this year are:

'Building resilience in your child' and
'Helping your child cope with the stress of exams and tests'

Both workshops are free, and participants are welcome to just turn up using the invites on the posters...

NHS
Children and Adolescent
Mental Health Services

WELLBEING AND EMOTIONAL SUPPORT TEAMS

Parents online Workshop

Building resilience in your child.

Run by the NHS's Wellbeing and Emotional Support in schools team. (WEST)

On the 2nd of June, Online, on Teams:
From:
1pm to 2pm

Who is it for:

Parent who want to learn more about

How stress affects children and young people

How you can support your child to build resilience and improve their wellbeing.

Join on Teams

Meeting ID:
391 708 672 432 8
Passcode: T7wQ9ip7

Provided by Herefordshire and Worcestershire Health and Care NHS Trust

SEND REFORM

Putting children and young people first



'Every Child Achieving and Thriving' and SEND consultation

The Schools White Paper 'Every Child Achieving and Thriving' sets out the government's proposals for reforming the SEND system in England.

The Department for Education (DfE) have published a range of shorter, simpler documents that provide more information about the schools white paper and SEND consultation.

The consultation is open - which gives families and practitioners the chance to read the proposals and respond to them. You can access the consultation on the DfE website.

Charity Number: 1141827

Megan Baker House



Specialist support for children & adults with neurological conditions.

We currently have spaces available!

We support people with:

- Cerebral Palsy
- Dyspraxia / Developmental Coordination Difficulties
- Parkinson's
- Stroke
- Acquired Brain Injury
- Other neurological or movement disorders.

Our Conductive Education programmes help improve:

- Mobility
- Balance
- Independence
- Everyday living skills
- Confidence

Immediate starts - no waiting lists.

Get in touch for more information!



Sue@meganbakerhouse.org.uk

01531 633840

Megan Baker House

Megan Baker House runs sessional services for adults and children with neurological motor disorders using the method of Conductive Education (CE). CE is a holistic educational movement approach – a way of life and a way of thinking where the participant is actively involved in their learning and can transfer the skills and techniques learnt in a session into all aspects of everyday life.

<https://www.meganbakerhouse.org.uk/>

Children Intensive Sessions

NEW FOR 2025

EASTER INTENSIVES

RUNNING BOTH WEEKS OF THE EASTER HOLIDAYS

Monday 14th - Thursday 17th April

Tuesday 22nd - Friday 25th April



GROUPS FOR:
Parkinson's
Cerebral Palsy - Adults
All conditions - Children



Learn techniques and strategies for movement to help overcome the difficulties caused by Parkinson's or cerebral palsy!

Taking place at MBH Ledbury - HR8 1BY

FOR MORE INFORMATION OR TO BOOK A PLACE, CONTACT US ON:

sue@meganbakerhouse.org.uk
01531 633840



These 2 hours group sessions run in blocks of 3, 4 or 5 days and are planned and structured to improve specific skills in a short timeframe.

Each session will focus on a specific skill, such as fine manipulation, balance and coordination or walking as well as the general condition-specific programme. Children are encouraged to work hard and have fun, motivate each other, and share their achievements.

For more info and to book your place, contact Sue: sue@meganbakerhouse.org.uk

As well as May half term 2025 (27th to 30th May)

What's on?

Autism West Midlands webinars

A range of webinars aimed at parent carers are available to book on [Autism West Midlands' events page](#). If you aren't able to attend the live webinar, you can still register and will be sent a recording to watch within 2 weeks of the live webinar.



- 17 June - Autism and Anxiety
- 24 June - Autism and Communication
- 1 July - Autism and Sensory Differences
- 8 July - Autism and Behaviour
- 15 July - Navigating the System
- 22 July - Autism and the Teenage Brain
- 29 July - Supporting your Autistic Teen



All webinars are free, take place on a Wednesday and last 1.5 - 2 hours

For more information or to book a place visit the [Autism West Midlands event page](#) or email herefandworcs@autismwestmidlands.org.uk

Upcoming Coffee & Chat Sessions



Parent Carer Voice (PCV) would like to warmly invite families to join one of their Coffee & Chat sessions this spring. These friendly drop-ins offer a relaxed space to connect with other parent carers, share experiences, and talk with the PCV team about anything SEND-related.

Hereford Sessions – HANDS Hub, Berrows Business Centre

- 6 May — 10:00–12:00

Ross-on-Wye Session – Children's Centre @ Ryefield

- 25 March — 12:30–14:30

Leominster Sessions – The Grange Coffee Shop

- 20 March — 10:00–11:30
- 15 May — 10:00–11:30
- 10 July — 10:00–11:30

PCV would love to see you there - whether you want to ask questions, share your story, or simply enjoy a chat over a cup of coffee.

Follow [PCV on Facebook](#) to stay updated on events and opportunities and get in touch with PCV directly if you'd like more information.



What's on?

 Herefordshire SEND Local Offer



Looking for fun things to do with your child or young person?

Our [Herefordshire SEND Local Offer Facebook page](#) is the place to be if you want to know about SEND-friendly events and groups in Herefordshire.

As well as letting you know about fun activities for children and young people with SEND, we also signpost to parent carer workshops, useful information and advice and services that are there to help you and your family.

Follow us to keep up to date with everything SEND in Herefordshire.



Bookings are open for the Easter HAF Programme!

If the HAF (Holiday Activities and Food) programme offers fully funded activities to eligible families this Easter. The programme is open to children and young people (school aged 5 to 16) who receive benefits-related free school meals.

Eligible children and young people can enjoy up to 4 free activity sessions throughout the programme, which will run between Monday 30 March - Thursday 2 April. There will be a free, healthy meal at each session. Activities on offer include trampolining, coding, forest fun, cookery, archery and more!

Eligible families can book their places on the [Talk Community Directory](#). For more information on the programme contact HAF@herefordshire.gov.uk

TALK COMMUNITY



Hereford Gymnastics mixed ability sessions

Hereford Gymnastics Academy are running mixed ability gymnastics sessions designed to enable children and young people with SEND (ages 4 - 16 years) more time to settle before progressing to a mainstream session.

Held every Thursday from 16:00 - 16:55 when the gym is quieter and class sizes are reduced, these sessions are a great way to try something new in a supportive environment. Get in touch with [Hereford Gymnastics](#) to find out more and book a space - email team@herefordgymnastics.com



WildPlay Thinks Differently with Herefordshire Wildlife Trust

[WildPlay Thinks Differently](#) free SEND nature sessions with Herefordshire Wildlife Trust are now available to book.

Mondays 16:30 - 18:30 for 8 - 10 year olds

Tuesdays 16:30 - 18:30 for 11 - 14 year olds

Contact Julia by [email j.morton@herefordshirewt.co.uk](mailto:j.morton@herefordshirewt.co.uk) or call 07538 832742 to find out more and book a space.

